



## START LIST

## 400m Hurdles Women - Semi-Final

First 4 of each heat (Q) qualify to Final

| RECORDS                 | RESULT | NAME                      | AGE    | VENUE        | DATE        |
|-------------------------|--------|---------------------------|--------|--------------|-------------|
| World Record <b>WR</b>  | 50.37  | Sydney MCLAUGHLIN-LEVRONE | USA 25 | Paris (FRA)  | 8 Aug 2024  |
| World Leading <b>WL</b> | 52.13  | Anna COCKRELL             | USA 29 | Zürich (SUI) | 27 Aug 2026 |

## Heat 1

2

12 September 2026 18:46 START TIME

| LANE | BIB | NAME                   | DATE of BIRTH | PERSONAL BEST | SEASON BEST | WORLD RANKING |
|------|-----|------------------------|---------------|---------------|-------------|---------------|
| 2    | 566 | Shamier LITTLE         | USA 20 Mar 95 | 52.39         | 54.15       | 17            |
| 3    | 586 | Louise MARAVAL         | FRA 31 Jul 01 | 53.71         | 54.05       | 18            |
| 4    | 584 | Ashley MILLER          | ZIM 17 Feb 98 | 54.08         | 54.08       | 14            |
| 5    | 481 | Rushell CLAYTON        | JAM 18 Oct 92 | 52.51         | 53.05       | 4             |
| 6    | 527 | Gianna WOODRUFF        | PAN 18 Nov 93 | 52.66         | 53.56       | 5             |
| 7    | 545 | Emma ZAPLETALOVÁ       | SVK 24 Mar 00 | 52.30         | 52.30       | 1             |
| 8    | 533 | Fatoumata Binta DIALLO | POR 6 Apr 00  | 53.30         | 53.30       | 9             |
| 9    | 410 | Paulien COUCKUYT       | BEL 19 May 97 | 53.20         | 53.20       | 10            |

## Heat 2

2

12 September 2026 18:56 START TIME

| LANE | BIB | NAME              | DATE of BIRTH | PERSONAL BEST | SEASON BEST | WORLD RANKING |
|------|-----|-------------------|---------------|---------------|-------------|---------------|
| 1    | 467 | Sára MÁTÓ         | HUN 23 Dec 00 | 55.08         | 55.08       | 34            |
| 2    | 489 | Shiann SALMON     | JAM 31 Mar 99 | 52.97         | 54.81       | 15            |
| 3    | 457 | Lina NIELSEN      | GBR 13 Mar 96 | 54.04         | 54.04       | 16            |
| 4    | 476 | Ayomide FOLORUNSO | ITA 17 Oct 96 | 53.89         | 53.93       | 12            |
| 5    | 564 | Jasmine JONES     | USA 30 Nov 01 | 52.08         | 52.91       | 3             |
| 6    | 571 | Dalilah MUHAMMAD  | USA 7 Feb 90  | 51.58         | 53.16       | 6             |
| 7    | 554 | Anna COCKRELL     | USA 28 Aug 97 | 51.87         | 52.13       | 2             |
| 8    | 521 | Amalie IUEL       | NOR 17 Apr 94 | 54.05         | 54.05       | 8             |
| 9    | 493 | Sanique WALKER    | JAM 8 Apr 00  | 54.00         | 54.00       | 13            |

World Ranking as of 1 September 2026

| ALL-TIME TOP LIST |                                 |                        |           | 2026 TOP LIST |                              |                  |        |
|-------------------|---------------------------------|------------------------|-----------|---------------|------------------------------|------------------|--------|
| RESULT            | NAME                            | VENUE                  | DATE      | RESULT        | NAME                         | VENUE            | 2026   |
| 50.37             | Sydney MCLAUGHLIN-LEVRONE (USA) | Paris (FRA)            | 8 Aug 24  | 52.13         | Anna COCKRELL (USA)          | Zürich (SUI)     | 27 Aug |
| 50.95             | Femke BROEDERS-BOL (NED)        | a Chaux-de-Fonds (SUI) | 14 Jul 24 | 52.30         | Emma ZAPLETALOVÁ (SVK)       | Doha (QAT)       | 19 Jun |
| 51.58             | Dalilah MUHAMMAD (USA)          | Tokyo (JPN)            | 4 Aug 21  | 52.91         | Jasmine JONES (USA)          | Budapest (HUN)   | 14 Jul |
| 51.87             | Anna COCKRELL (USA)             | Paris (FRA)            | 8 Aug 24  | 53.05         | Rushell CLAYTON (JAM)        | Doha (QAT)       | 19 Jun |
| 52.08             | Jasmine JONES (USA)             | Tokyo (JPN)            | 19 Sep 25 | 53.16         | Dalilah MUHAMMAD (USA)       | Zürich (SUI)     | 27 Aug |
| 52.30             | Emma ZAPLETALOVÁ (SVK)          | Doha (QAT)             | 19 Jun 26 | 53.20         | Paulien COUCKUYT (BEL)       | Bruxelles (BEL)  | 4 Sep  |
| 52.34             | Yuliya PECHONKINA (RUS)         | Tula (RUS)             | 8 Aug 03  | 53.30         | Fatoumata Binta DIALLO (POR) | Zürich (SUI)     | 27 Aug |
| 52.39             | Shamier LITTLE (USA)            | Stockholm (SWE)        | 4 Jul 21  | 53.32         | Akala GARRETT (USA)          | Eugene, OR (USA) | 13 Jun |
| 52.42             | Melaine WALKER (JAM)            | Berlin (GER)           | 20 Aug 09 | 53.33         | Emily NEWNHAM (GBR)          | Birmingham (GBR) | 12 Aug |
| 52.46             | Savannah SUTHERLAND (CAN)       | Eugene, OR (USA)       | 14 Jun 25 | 53.56         | Gianna WOODRUFF (PAN)        | Bruxelles (BEL)  | 4 Sep  |